



Annual Report

2019-2020

Message from the Chairperson

As I write this annual message during 2020 in the midst of a global pandemic, I gratefully reflect on 2019 where our focus at Angles' Care was to improve and expand our existing programmes focusing on: education, nutrition, health care, spiritual enrichment and social outreach. In hindsight this has allowed us to have maximum humanitarian impact during this current unprecedented crisis.

Caring for children requires a multi-faceted approach providing for their basic needs, along with empowering them with knowledge and skills. In 2019 we provided meals to 485 children weekly and ensured they were always adequately clothed for any weather conditions. Health care is always available with our nursing sister assisting 631 people. Our crisis centre brought comfort and healing to 121 children who were victims of sexual assault, trauma, grief or chronic disease. Additionally, we were able to provide overnight accommodation to 25 victims of abuse when they most needed help. Our focus on health care has assisted 51 households where people are chronically ill or children severely neglected.

A holistic education encompasses mental, physical, and spiritual development in children. All 130 learners who attend our educational programmes made huge strides both in terms of their ability to cope with the traumatic circumstances under which they reside, as well as academically. Our ECD programme continues to thrive with 87% of our grade R pupils showing higher levels of school readiness than children from other schools and all promoted to grade 1. The children in our Bridging Class are incredible and in 2020 four of them have entered mainstream schooling. We are also delighted that three of our first cohort of Bridging class Pupils have now successfully completed primary school and gained access to high school!

Our youth development and sporting programmes have grown with our young adults showing great sportsmanship and also living out our values of partnership, teamwork, self-discipline, integrity respect, courage and faith. And they compete very well!

Through community outreach we educated 2434 members of our community on various life skills relevant to challenges faced daily when living in extreme poverty. Additionally, we assisted numerous families with food parcels, clothing and household items and our winter warmth campaign (where we delivered blankets and warm clothing) was a resounding success.

In closing we are reminded Mother Teresa when she said: "The fruit of faith is love, and the fruit of love is service... spread love everywhere you go; do ordinary things with extraordinary love." My sincere thanks to our Board, dedicated staff and selfless donors who relentlessly show unconditional love for the hundreds of young lives we are able to positively impact each and every day.

Carolyn Hancock



Our Mission

The mission of Angels' Care Centre is to provide for the optimal growth and development (mentally, physically and spiritually) of the children we serve in a safe and loving environment. The Centre will provide an environment where they are provided care, guidance and protection from people and things that seek to deny these God given rights intentionally, unintentionally or through apathy.

We will accomplish this through providing not only for the basic needs of the children we serve but also their caregivers through access to health care and other human services as well as by providing excellent educational services. Since all our decisions are driven by what is best for the children we serve we will always seek long-term sustainable solutions. This will require us to be in partnership with others not only locally but also nationally and internationally.

Our Values



Faith, Integrity, Partnership,
Discipline, Diversity, Respect,
Courage, Empowerment,
Impact





Challenges and Focus

Over the past several years our staff have conducted an in-depth assessment of the challenges faced by people, particularly children, residing in the informal settlements near the Centre

All our programmes are designed according to the actual needs of the community. In this way, community members are encouraged to actively engage and ensure that programmes implemented will drive beneficial, effective and sustainable change.

Challenges

Our research uncovered:

- Staggering unemployment
- Out of school youth
- Major health issues especially HIV / AIDS and TB
- Rampant drug and alcohol abuse

- Violence and little security
- Gender based violence (especially against children)
- Women and child head of households with little to no income
- Child marriages and teen pregnancy
- Orphans and vulnerable children

Focus

As a result of our analysis we believe our best opportunities for impact are to provide assistance our primary areas of focus are:

- Health services (primarily for children)
- Community Outreach
- Education
- Nutritional feeding programmes



Caring for our Community

2019 Impact



485

Children fed
weekly

121

Child
victims
assisted

2434

Community
members
educated and
supported

135

School
pupils

631

Children received
health care

Health Services

Crisis care of children

Angles' Care is uniquely focused on caring for children of abuse in the Howick area in the KZN Midlands within the Umngeni local municipality. The need for such a facility exists as sexual offences committed against women and children has reached alarming levels in South Africa in recent years,

The Centre provides children and their caregivers, with access to every form of assistance they would require in the event of their being victims of sexual assault, domestic violence, neglect, physical abuse or trauma. We also have services for children affected by grief due to losing loved ones to chronic diseases such as HIV, TB or violence.

Counselling services:

Over the past 4 and a half years since the inception of the crisis centre, the number of children, and members of the community who have benefited from the services of our professional staff has been substantial. In that time, our staff have attended to a total of 477 cases of gender based violence and 186 cases of trauma.

It is gratifying to know that we have helped to bring hope and healing to so many children and their caregivers by providing on-going counselling thereby ensuring their full physical and emotional recovery.



Emergency short term accommodation

During 2018 we were registered as an official White Door Centre by the Department of Social Development, enabling the Centre to upgrade our overnight shelter facilities and offer 24 hour care to victims of abuse.

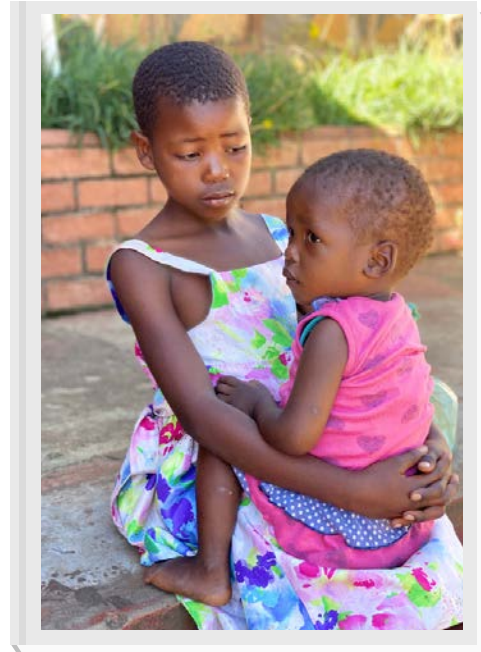
During 2019, 25 victims (16 women and 9 children) were provided with counselling, medical care and shelter until long solutions to their safety had been secured.

2019 Impact Analysis

Number of cases	Sexual assault	Domestic Violence	Neglect	Physical assault	Trauma	Total
	59	4	13	8	37	121

Health Services

Below are a few case studies from 2019 of how our staff have assisted child victims of abuse and trauma.



The South African Police Services brought a 34-year-old mother with a 5-month-old baby to the Centre, as they required a place of safety. According to the mother she had been living with her boyfriend (child's father) for 5 years and he had been abusing her both physically and emotionally. During the counseling session she mentioned how she had to endure domestic abuse because she had nowhere else to go and she was unemployed. Due to her circumstances she realized that she needed help in order to protect herself and the child. The mother and the child were accommodated for the night and during their stay both mother and the child were provided with food and clothing. They were soon referred to a place of safety in Pietermaritzburg and long-term support from the State was secured for their future.

An 11 year old female child was referred to Angels Care after she was sexually assaulted by her mother's boyfriend/fiancé. Her mother decided to seek for help at her Church and was advised not to report and open a police case. Due to unfair judgment she felt from the senior Church members (Pastor's wife) she decided to go to court and apply for a court order against her fiancé to protect the child. The mother was referred to a government hospital where medical examinations were conducted. Subsequently they were referred to Angels Care where our social worker intervened by interviewing both the child and the mother to hear their story. The Centre social worker, with the mother's permission, then opened an official sexual assault case with the police. The perpetrator was arrested on the same day. Thereafter the child started with ongoing counseling sessions at Angels Care to which she has responded well. Home visits have been conducted to support and strengthen the relationship with the mother and the child and to provide additional support.

Health Services



General health care services

Angels' Care has a professional nurse who provides general health care to all children who attend educational programs at the Centre. Her duties include:

- (1) Referring sick children and staff members to the clinic,
- (2) Treatment of children with minor ailments,
- (3) Monthly developmental status assessments for all children who attend educational programmes, including constant monitoring of their height, weight and head circumference - all measures which assist in determining whether the child is reaching age appropriate milestones or may be malnourished.
- (4) All child vaccinations are up-to-date.
- (5) Physical examination and treatment of victims of sexual or physical assault and neglect.
- (6) Medical screening, treatment and counselling for children suffering from HIV and TB.
- (7) During 2018 every pre-school child underwent hearing and eye sight testing. As a result some were fitted with glasses to improve their vision.



A child with cerebral palsy who attends our Bridging Class has undergone extensive surgery and physiotherapy due to the intervention of our nursing sister and the Community Care Givers at the Centre. As a result he is now able to walk unassisted and making better academic progress.

2019 Impact Analysis

Type of assistance provided	Number of children assisted
On-going medical review of school children	153
Treatment for minor ailments, general medical assessments, referrals to clinics and hospitals	478
Total	631

Education



We are committed to the development of the whole child: body, mind and spirit.

Angels' Care has a pre-school, Early Childhood Development Centre (ECD), for 75 children in grades RRR to R. The children in the preschool come from Shiyabazali and other impoverished communities in the Howick area. Their education is completely free, including the provision of health care, school uniforms and nutritious daily meals. As part of our ECD programme we focus on the development of the following key skills: Language, cognitive and critical thinking, numeracy, motor skills improvement, and emotional strength.

Other educational programs include a Bridging Class for 10 children behind in school where they receive individualised instruction enabling them to enter mainstream schooling.

2019 Impact Analysis

- (1) All 25 of our grade R children progressed to quality primary schools. Of these 87% illustrated a level of school readiness on a par or better than their peers.
- (2) On entry to grade 1 the reading age of all children was assessed. Results showed 59% are reading well, despite English not being their home language.
- (3) Four of our bridging class learners made such commendable academic progress that they are now in various grades at a quality mainstream primary school.
- (4) Three of our first group of bridging class students completed mainstream primary school (grade 7) and are now all enrolled at high school. We are particularly proud of Lepolesa (see below table of results).

Celebrating the incredible progress of Lepolesa!

Subject	Grade 4	Grade 7
English	11%	68%
IsiZulu	21%	82%
Mathematics	13%	57%
Life Skills	54%	80%
Natural Science	35%	78%
Social Science	27%	59%



Nutritional Feeding

Angels Care supplies meals to **135** school children every week. Our nutritional programme consists of the following:

- (1) Provision of breakfast and lunch to **75** pre-school children and **10** learners in the Bridging Class.
- (2) Provision of a meal to **50** learners who form part of our Youth Development programme.



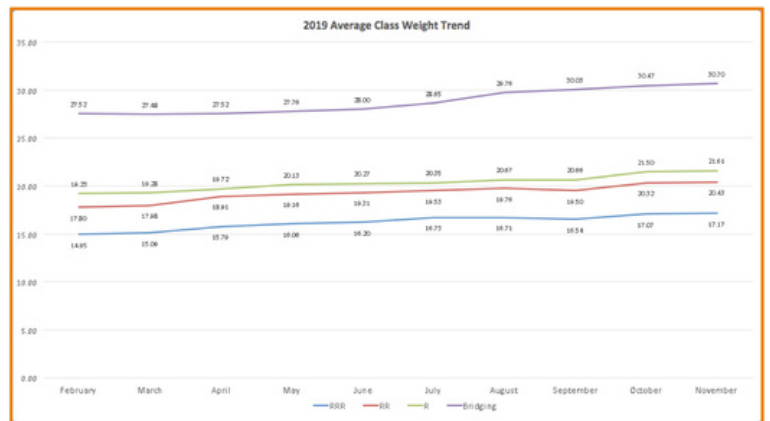
A well planned menu is provided for all school learners attending educational programmes at the Centre to ensure they receive a balanced, nutritious diet. To monitor their individual progress, their height, weight and general health is measured monthly throughout the year. This consistent monitoring enables our staff to ensure their optimal growth. and identify children who may be suffering from chronic diseases.



2019 Impact Analysis

During 2019 the growth rate of all our school children was maximised. The adjacent graphic illustrates the positive growth of all classes throughout the school.

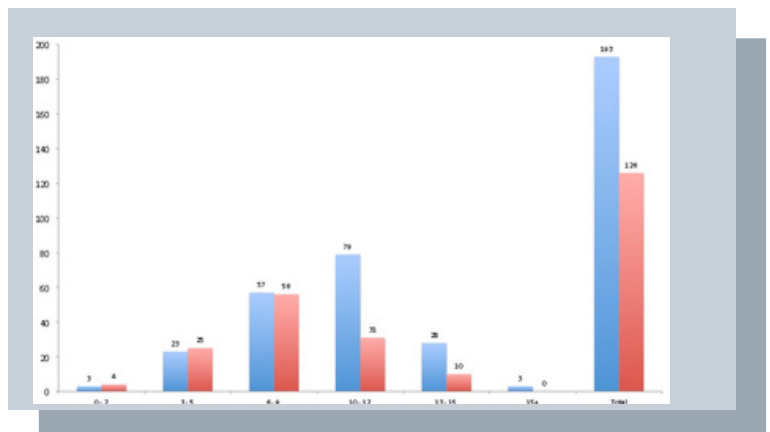
Where individual children showed a sudden decline in body weight, they immediately received additional medical care.



Weekly food parcels for between 300 - 350 children from the local informal settlements were provided every Saturday morning, including public and school holidays.

Each child receives sandwiches, fruit, and yogurt.

87% of children who attend are under 13 years of age.



Community Outreach

2019 Impact Analysis

The Centre provided the following Services to Children and the Community:

(1) Educational talks within the community.

Our staff provided talks to **2434 community members** this year. These took place on a regular basis at key locations in the community including the local clinic and other Community Centres. In addition our community caregivers visit individual homes to provide one-on-one education and assistance.

(2) 16 Days of Activism Against the Abuse of Women and Children

Our staff organised a joint march to protest along with the local Police, Department of Social Development and Municipality that also educated the public of services offered for victims of abuse at the Centre.

(3) Teaming up with Esjay and Liv and Light

The "For Her" sporting clothing range was created to raise awareness of the unacceptable levels of sexual abuse in South Africa. The message was "Women are more than enough and they have the right to say ... enough is enough!"

(4) Spiritual and emotional support groups for women and children in the community and at school.

Informal monthly meetings are encouraged for groups of women in the community and provide an opportunity for them to share in their joint celebration of the Christian faith, During their meetings, they create prayer groups and provide support and encouragement for one another when faced with the hardships of living in extreme poverty.

All children who attend the Centre receive spiritual and emotional support in all classroom settings and through smaller prayer and support groups.



Community Outreach

Clothing for children living in extreme poverty ensures they are adequately clothed for intense weather conditions they encounter. Clothing of every variety including shoes, sweaters, shirts, hats, trousers, beanies, gloves, shorts and blankets are given out to needy children on an ongoing basis. 350 blankets, beanies and gloves were handed out last winter alongside warm meals as well as additional clothing.



Winter warmth



Clothing distribution



In 2019 the Centre provided 150 school uniforms to children to ensure they are able to attend schools where their admission is dependent on their having the correct school uniform.

Food parcels

Food parcels are given to numerous families living in extreme poverty and who are unemployed.



Caring for our environment

"Team Up to Clean Up Campaign" recycling campaign



Community Outreach

Youth Development through **sporting programmes** to all age groups provides not only physical development but emotional development through teamwork and active participation.

Angels Care started a soccer league in the greater Howick area last year with Desmond our sports coach, as the driving force. There were 12 teams and each team played 22 matches. The African Angels (our team) lost 3 games, drew 8 games and won 11 games and ultimately took third place in the league. Four of our African Angels have been selected to play in the under 13 KZN District Soccer Team!

In 2020, the soccer league is being expanded as it has proved so beneficial to teaching young boys (and girls) many life lessons such as team spirit, partnership, good sportsmanship (losing gracefully) and generally taking care of your own body as well as looking out for your fellow players. 2020 will see the introduction of an additional two age groups in the league due to the 2019 successes in the community at large.



The preschool held a very colourful and happy sports day with the children, staff, teachers and parents all loving every second. It was a huge success and will now be an annual event.

Outing to Sea World

Thanks to uShaka Marine World, our Grade R and Bridging class children were sponsored to have a Sea World experience at the aquarium in Durban. They got to see fish, dolphins, turtles, the ocean and all the other incredible creatures that live in the sea for the very first time. The excitement was just part of the fun learning experience where their minds were opened up to a whole new world.



Caring for our Community

Home based care

During 2019 our two community caregivers provided home based care to **51 families** with a total of 161 significant interventions. Interventions included 98 cases of medical assistance and chronic medication, helping 12 people obtain documents such as birth certificates, 8 children gain access to primary and high schools, 11 elderly people who live alone and 32 children who are either neglected, disabled or form part of child headed households, who require daily help with food preparation, washing and bathing.



Below are a few stories from 2019 of how our staff consistently and tirelessly make a difference in our community.

Three years ago a disabled child was found living in a derelict, one room shack and not attending school during the day, as it was very difficult for him to walk. Angels Care took him under their care and built a house for his family and gave him an opportunity to go to school through our bridging class. The Centre also paid for his bus fair and purchased his school uniform. Early in 2019 year he tragically witnessed his father being stabbed to death which had a major effect on the young boy's life. Angels Care immediately took him out of the informal settlement and into our overnight facility where he stayed with Nontobeko, one of our caregivers, while his mother returned to Lesotho to make the funeral arrangements. He remained at the Centre under our care until he was emotionally strong enough to go back to where his father was killed and reside in the informal settlement once again. At present our caregivers are still looking after the child and ensuring he is safe at home. He is now doing very well at school and has moved onto mainstream schooling.

Our caregivers attended a case of three children who had been severely neglected by their mother who left them alone and locked them in the shack while she was away, often overnight. While the mother was out at night the children were terrified and their screaming alerted our caregivers to their plight. Upon the caregiver and our social worker arriving at the home they found the three children, aged 4 and 3 and a baby of 6 months, all alone. After some investigation and intervention, a relative of the mother's was located to care for the children. The older two children also started school at Angels Care. The family is continually assisted with food and clothing and the mother is receiving parenting counselling from our social worker, to improve their care.

Caring for our Community

Families assisted after loosing their homes in devastaing fires

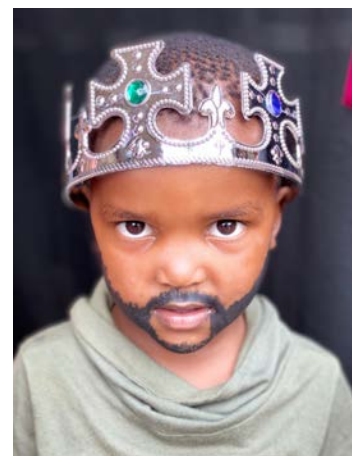
In July 2019 tragedy struck the informal settlement of Shiyas when a shack caught alight. Due to gale force winds the fire spread, burning down at least 15 homes. Angels Care imminently stepped in to help the families left with nothing. A social media drive was created and through donations of incredible individuals, we were able to supply each victim of the fire with clothing, beddings, beds, basic kitchen utensils and a food parcel. Each family received rice, candles, oil, samp and beans, mealie meal, sugar, bread flour, soap, salt, Imana flavour and tea. 14 mattresses, also went a long way to helping the families rebuild and re-furnifsh their homes.



Celebrating the joy of Christmas

Everyone at Angels Care received Christmas treats and gifts, including our 85 school children, the 50 students who form part of our youth development programme and the 350 children who attend our weekly saturday feeding scheme.

Gifts included, drawstring bags, teddy bears for the little ones, stationary and toiletries and packs of sweets. For most of these children these will be their only Christmas treats and celebrations and we are hugely grateful to all our sponsors and donors who brought such joy and delight to hundreds of our children!



Financial Report

Angels Care Centre		
Statement of Income and Expense		
1 March 2019 - 29 February 2020		
<u>Income by Source:</u>	<u>Rand</u>	<u>YR Over YR Increase</u>
International Support - USA	1,347,635	
International Support - Germany	382,809	
Local Support -South Africa	261,073	
Government Support - South Africa	400,069	
Other Income	<u>211,967</u>	
Total Income by source		2,603,553 4%
 <u>Expenses by Program:</u>		
Administration	623,693	
Education	641,107	
Health Services	1,011,101	
Social Development	<u>169,384</u>	
Total Expenses by Program		2,445,285 11%
 Net Cash Increase(Decrease) for Year		 <u>158,268</u>

We are enormously grateful to all our sponsors and donors for helping us attain our vision of breaking the cycle of poverty in the Umngeni Municipality by providing love, safety and care to children.

NOTE: This statement is preliminary and unaudited at this time.

Financial support for the Centre is primarily from the local community (34%) and organizations in Germany (15%) and the USA (52%). Additionally we receive valuable gifts in kind locally from various food stores and suppliers that assist with our various feeding programs. Community support also comes in the form of clothing donations and assistance from volunteers.

How to help

We are a non profit public benefit organization

- Public Benefit Organisation 930004928
- Non Profit Organisation NPO 020-084

BANK DETAILS:

Angels Care Centre
First National Bank: Business Cheque
Howick Branch: 220725
Account: 620 357 154 18
Swift code : FIRNZAJJ

WEBSITE:

www.angelscare.co.za offers PAYFAST and ZAPPER as additional donation options.

FOLLOW US ON SOCIAL MEDIA:

FACEBOOK - Angels' Care Centre
INSTAGRAM - angels_care_centre

